



# JOSHUA HOUSE

A SANCTUARY OF HOPE AND HEALING

**AGREEMENT & GUIDELINES**

## **Joshua House Guidelines Agreement**

Joshua House is a one year, no cost, Christian based discipleship program located in San Clemente, California. Joshua House provides men in life transition (homelessness, drugs, alcohol, broken homes, etc.) with a safe and caring environment to work on rebuilding their lives through a one-year Christian-centered program.

The emphasis of the program is discipleship training, providing recovery tools and meetings. Teaching men appropriate behavior with practical life skills development in order to help a man become self-sufficient. We try to help those from the South Orange County area; however, we are willing to help men in need that are willing to agree to our program guidelines which you will find below.

We ask everyone who wants to join our program to spend their first 60 days at the God's Ranch in Phelan, California. This allows for several important things to occur. First, ties with old friends, drug dealers and other unhealthy relationships are broken, which must be one of the first steps towards sobriety and recovery. Second, it allows time for the effects of drug or alcohol abuse to be broken and for the individual to begin to think clearly about life again. Third, it re-centers life back around God, His Word and the work of His Holy Spirit, which is vitally important to successfully completing the program. You must call to be pre-approved to enter for their 60-day program after you are accepted into Joshua House.

Please continue reading the pages below to gain a full understanding of our program and what you are committing to.

God Bless,

The Staff of Joshua House and Hope Restoration Ministries

### **Summary of What You Agree to by Coming to Joshua House:**

1. You agree that you have read, understand, and will follow the one-year program guidelines as written in the attached pages.
2. You agree to a 30-day trial period to make sure we are a match for each other.
3. You agree to not have a smart phone for a year. You will be able to have a phone with restricted capabilities after 30 or 60 days. In order to ensure compliance, you agree to turn your phone over to staff when you enter the Joshua House program.
4. You agree during your one-year commitment to not initiate or start a relationship with a woman. This means that you agree to not meet with or sit with a woman in church, get a woman's phone number or establish any type of connection with a woman during your time in the program.
5. You agree to work Sundays after church as required by the schedule.
6. You agree to live in either our San Clemente home or our Oceanside home. In addition, you agree to possibly get moved between homes during your one-year commitment.
7. If you have a phone and/or any other internet capable device (tablet, Chromebook, laptop, etc.), you will need to turn those in on the day you come into the program. A Joshua House staff member will receive your device(s) directly from the God's Ranch staff when we pick you up. Your phone will be held until you are approved to have it back and all other internet capable devices will be held until graduation, as they are not permitted during your time at Joshua House.
8. You need to let us know if you have any watches, jewelry, expensive clothing or anything else that might be valuable in your possession. Not that we will take it, but we may ask you to let us keep it for you during your time with us so that nothing happens to it. Also, we need to know what you enter the program with so there is no question of what belongs to you in the future.
9. You agree to attend all Bible studies, Freedom That Lasts meetings and other church gatherings while progressing through the Freedom That Lasts curriculum for the duration of your time in the ministry.

**Joshua House Pre-Entry Questionnaire**

Name: \_\_\_\_\_

Date You Arrived at the Ranch: \_\_\_\_\_

1. What are the areas in your life you would like to work on and improve during your time at Joshua House?

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2. Are you physically able to work on your feet for 6 hours daily 6 days a week without limitations? If you have limitations, please explain them.

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3. Are you physically able to lift and carry furniture? Yes or No. If no, please explain.

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4. Do you have any serious medical conditions that need treatment or surgery or that limit you in any way? Please explain.

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5. Are you currently prescribed any medications? Please list them:

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6. Have you been prescribed medication in the past? If so, have you been taking them as prescribed? If not, please explain why?

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## **JOSHUA HOUSE PROGRAM OVERVIEW AND GUIDELINES**

“..Those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary; they will walk and not be faint.” -Isaiah 40:31

### **PROGRAM DESCRIPTION**

This is a one-year Christian program based on discipleship, Bible study, prayer, fellowship and accountability. God tells us in 2Cor 5:17 “Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come!” We know that one year seems like a long time, but what we have found is that it takes a considerable period of time for the reality of that biblical truth to occur, that is to let go of the old life and all of its habits and sins and to learn to live in the new life and the freedom that Christ has purchased for us with his own blood. We've seen that those who make it to one year have the greatest opportunity for success.

Those who graduate may be offered the opportunity to move to the second phase home in San Juan Capistrano based on availability. Graduation is not mandatory after twelve months as some might feel the need to stay in the program longer. Graduation should happen when the pastors, leadership and the participant mutually agree about the timing. Our hope and prayer is that each person, when they are ready, will be blessed out and into the next phase of their lives.

### **PROGRAM ADMISSION**

Prospective members of the program will be given an overview of the program, including the willingness to make a one-year commitment and be interviewed by one of the pastors. Upon acceptance into the program, each person will go through an intake interview. This will consist of reviewing this document, filling out forms on medical history and current medical needs or doctor or hospital appointments. Each participant also agrees to sign the JOSHUA HOUSE RECOVERY PROGRAM (La Tienda Thrift Store Partnership) BENEFICIARY RELEASE AND WAIVER OF LIABILITY. We will also review current court and our legal status, including future court dates, probation, parole, fines, court ordered community service or any other outstanding issues. We may require that you spend 60 days at a Set Free Ranch to help you disconnect from relationships that are not healthy or to help you with your detox process. You may also be restricted to staying at the Joshua House premises and the store for your first 60 days in the program.

Every resident is on 30 days probation after they are accepted to the program, this ensures that you are a match for us and that we are a match for you. We've learned that this program is not for every man.

### **GUIDELINES FOR PERSONAL PROGRESS**

The purpose of this program is to help you become a healthy, maturing Christian. There are a number of areas that we'll consider assisting a student determine if he is progressing in the program.

- Spiritual progress and maturity
- Work discipline, teamwork, attitude and effort
- Helpfulness and kindness to others
- Family reconciliation and communication

## **JOSHUA HOUSE**

Welcome to JOSHUA HOUSE, your home for at least the next twelve months. While here you will be required to obey all the following rules, guidelines, and procedures. Become very familiar with these guidelines and inform your family and friends about them, in order to help with your adjustment and stay here. We provide all our services, housing, meals, etc. at no cost to those who participate, and we reserve the right to release anyone at any time from the program as we see fit.

This home is owned by the ministry and the ministry pays all the costs to operate it. We want to be good stewards of the home by taking care of it as if it were our own.

## **SPIRITUAL THERAPY**

Time spent in worship, prayer and Bible reading is an absolute necessity. From the experience of unsuccessful graduates of the past, we have learned that the lack of a consistent devotional life was a significant indicator of a lack of spiritual growth and an indicator of their potential lack of success upon leaving the program. Training yourself to stay close to God and have a consistent devotional life now will help you be prepared to do keep doing it once you have graduated. What you do now will greatly influence what you do later! Our hope is that you will find a home church that you can become fully integrated with, developing healthy Christian relationships outside the program.

1. Attendance to all Bible studies, day or night, and Sunday services are mandatory, unless otherwise announced.
2. Proper dress is required for all services and meetings.
3. Residents may not sit with a female at any service unless she is a family member or has been previously approved for visits by the leaders.

## **WORK THERAPY**

La Tienda is the Thrift Store that provides the revenue for the operating expenses of Joshua House. Every individual who lives in Joshua House will be assigned a job responsibility at La Tienda. It should be each person's goal to give their best every day in their assigned position. Your goal should be to work hard and to learn self-discipline when it comes to accomplishing and completing your work each day. Our goal should be Colossians 3:23-24 "Whatever you do, do your work heartily, as for the Lord rather than for men; knowing that from the Lord you will receive the reward of the inheritance. It is the Lord Christ whom you serve." Our value is that we take all, of every donation or pick-up that is made to this ministry, knowing that every time we fail to do so, means the possibility of losing a contributor. There may be certain instances where an entire pickup must be politely declined because it contains nothing that could be sold in the store, but this will be the rare occasion.

## **RECOVERY THERAPY**

Each person that comes to Joshua House develops a customized recovery program tailored to his individual needs. Our most successful graduates share a common focus: personal transformation through intentional community engagement. This transformation happens as residents participate in our Freedom That Lasts curriculum, engage in one-on-one counseling, join large group gatherings and outings, and cultivate healthy relationships-both with God and with community members who model a Christ-centered lifestyle.

## **EVERY MAN IS A REPRESENTATIVE OF GOD AND THIS MINISTRY**

How we act and behave is a direct reflection on God and the ministry, you are ambassadors for both. Your Godliness, friendliness, kindness and attention to detail will make a powerful positive impact on our customers, the public and those who donate. Our hope and prayer is that whenever anyone mentions our ministry, or our thrift store it will be to say something good or positive.

## **TELEPHONES**

Residents in good standing may receive an Android phone with restricted internet access after their first 30 days. iPhones are not allowed while in the program. You will need to approve a factory reset of your phone in order for us to download the app necessary for your phone use at Joshua House. The main purpose of this app is to limit internet browsing and other smartphone features that we have learned can become a distraction to some men in the program. You can expect to be asked to turn your phone in periodically to be reviewed by staff for compliance. The phone schedule is as follows:

1. Personal phone calls are not to be made during your working hours.
2. Court, doctor calls, P.O. work interview calls are accepted during regular business hours.

## **MAIL**

Incoming and outgoing mail will be monitored. JOSHUA HOUSE has the right to request that any mail be opened in the presence of staff. All packages will be subject to inspection and must be opened in front of the staff in charge of mail distribution.

1. Return address and name of sender must be on all incoming and outgoing mail
2. No subscriptions for literature (magazines, newspaper, etc.) are permitted.

## **LIVING QUARTERS**

All residents are assigned a bunk while at JOSHUA HOUSE. If a problem arises in your bunk area try and work it out between each other or with the house manager. The house may be inspected at any time deemed necessary by staff and regularly for order and cleanliness. Bunks are expected to be neat and orderly at all times.

## **ROOMS**

1. Wastebaskets must be emptied regularly and washed out if dirty
2. Floors be cleaned each week
3. Keep all walkways clear for safe passage.
4. Beds are to properly be made each day before breakfast
5. Drawers of dresser or chest must be kept closed at all times.

## **RESIDENTS**

1. Residents are to be respected.
2. Resident's possessions are to be respected. If it doesn't belong to you leave it alone. (Mat. 7:12)

3. You are your BROTHER'S KEEPER. If you see or hear a roommate, or any other resident, doing or saying anything in violation of or contrary to Scripture or JOSHUA HOUSE guidelines, you are under obligation to confront them in love. Give them the option and reasonable time to confess a matter.

## **CLOTHING**

1. Clothes are to be neatly hung in the closet or on the clothes rack, Shoes are to be placed either under the bed or on a shoe rack
2. Clothing allowed:
  - Work pants x4
  - Work shirts x4
  - Dress pants x3
  - Dress shirts x4
  - Dress suits x2
  - Shorts x3
  - Shoes x4

## **THE DAILY ROUTINE**

In the morning, you should be up, dressed, and ready for Proverbs and then have eaten and be ready for Bible Study by 6:45am. If you work the first shift, you should be in your work area by 9:00am. In the evening, you are required to be in the house by 9:30pm with the television and other electronic devices off and lights out at 10:00pm. Saturday is 11:00pm. All necessary personal care, teeth brushing, showers etc. should be completed. No residents are allowed outside Joshua House for any reason from 10:00pm-6:00am.

## **PERSONAL**

1. Use or possession of tobacco product is discouraged; our hope is that at the end of your time at Joshua house, you will leave as a non-smoker!
2. Use or possession of drugs, or alcoholic beverages by a resident or their visitors is strictly prohibited
3. No medication of any kind is to be kept by residents unless authorized by JOSHUA HOUSE management and must be monitored through management.
4. Keep yourself and bunk clean at all times. Shower every day! To conserve water, keep your shower time to a minimum (3 to 5 min.)
5. No weapons of any kind are allowed at Joshua House.
6. All physical contact is strictly prohibited, including horseplay.
7. Profanity, vulgarity, slang, street talk and attitude, and racial remarks are strictly prohibited,
8. Do not borrow or tamper with items not belonging to you without permission from the owner. Learn to exercise respect for the property of other people. Lost and found items are to be turned into office.
9. You must be properly dressed by breakfast time and throughout the rest of the day. No flip-flops are allowed while you are working.
10. Residents are discouraged from having expensive clothing, jewelry, or other valuable personal items in their possession. Such items are unnecessary and generally only encourage envy and theft. All money will

be given to Joshua House management and will be held by one of the Pastors and funds may be requested at any time.

11. It is never appropriate to make appeals for money or material items for yourself or another person (including TIPS) through announcements, prayer request, prayer, or personal conversation. All forms of personal solicitation are strictly forbidden at any time while on or off the campus.
12. Hair is to be worn "moderately" AND KEPT NEAT AND CLEAN.
13. All residents must be dressed and ready for their workday before breakfast.

## **FAMILY VISITS**

All personal visits must take place in the appropriate outside areas or if leaving the premises your destination should be approved by one of the pastors.

Individual rooms are off limits to all guests. Visitors are limited to immediate family members. Residents will be eligible to receive visitors the first weekend after the complete one month as a resident. Request for a visit must be given to management at least one (1) week prior to the planned visit. Visits should be spaced so that a visit is not within four (4) weeks of the last visit or pass. All visits must be scheduled through management.

Visits should be scheduled for the Sunday's that you are not scheduled to work. Visits are for family members only. A parent (s) must accompany a fiancée for any visit. When a resident returns to the house for a visit, he must check back in with the house manager immediately upon arrival—even if additional time is to be spent with family on site.

Residents who are from the San Clemente area should not expect special privileges to be extended for going home just because of their proximity to family members. They should never use ministry vehicles or worktime to visit or see relatives.

Any special requests for a pass must be made to the staff in advance.

## **MARRIED PASSES**

Married residents are eligible for a marriage pass in their third month. To receive this privilege, management must first verify the residents' marital status.

There must be a minimum of four (4) weeks [28 days] between visits and/or passes.

## **FAMILY PASS**

You become eligible for a weekend pass to be with your family beginning with your fourth month and this pass will be granted on merit. Family passes must be at least 6 weeks apart. Passes may be given over the following holidays weekends: New Year's, 4th of July, Labor Day, Memorial Day, Thanksgiving, or Christmas – at the leadership's discretion.

1. NO staying with members of the opposite sex while on a weekend pass unless it's a spouse.
2. All passes must be requested (3) weeks in advance.
3. All residents are subject to drug testing when returning from a pass or at any other time by Joshua House management.

## **GUESTS**

Residents are expected to be always courteous. Visitors may provide times of testing and temptation. Refrain from singling out any individual for personal attention or gain.

Joshua House is a ministry, and any gifts given by a visitor must be given through JOSHUA HOUSE so that all may benefit. Any items given to an individual in the program must be turned over to staff. No resident may accept a gift for himself, money included. Any food given must be eaten in the lunchroom and cannot be taken to the house.

## **RELATIONSHIPS**

New relationships while you are in the program are not allowed because it results in a divided interest. As Jesus said, it is hard to serve two masters, it's hard to have a girlfriend who expects certain things from you, especially your attention and the priorities of the program and getting your life in order. However, if you are already in a relationship, our hope is that you would be willing to bring it under the spiritual covering of the pastors. Our goal is to help you develop your relationship in a Godly way. We'll seek to answer two vital questions: is she the one and are you ready to be married? The answer to those two questions will help us guide you forward. We'll help you prayerfully consider whether the relationship is healthy and should continue or if it might be time to end it. Your cooperation and trust on this will be vital. We know it's not good for man to be alone while at the same time, we know God has a process that will help you develop a relationship that is based on the Word and centered on Christ. The 4 biggest questions you should ask yourself when it comes to a relationship is: Am I spiritually ready? Am I emotionally ready? Am I free from my addictions? Am I financially ready? When you can answer yes to all these questions then you are probably ready for a relationship.

## **VEHICLES**

1. NO resident will be permitted to have an automobile, motorcycle, motorbike, or other powered vehicle at JOSHUA HOUSE until they are within one month of graduation.
2. No one is to drive vehicles without permission and must have their names added to the JOSHUA HOUSE insurance policy prior to driving a vehicle.
3. Drivers are to drive directly to assigned stops and back, stopping for another reason (sodas, snacks, seeing other people or family, etc. is prohibited

## **DISCIPLINE**

Discipline is to help a resident correct a condition that he may be having difficulty correcting on his own. The use of external limits can help a person adjust to the Christian life and maintain good behavior until they develop self-discipline. All decisions regarding discipline are final.

Pastors and staff evaluate all offenses, and discipline is determined on an individual basis taking into consideration the severity and frequency of the offense(s) Therefore, two residents with the same offense may receive different discipline.

## **MINOR OFFENSES:**

These are offenses that occur in the residents' everyday living at JOSHUA HOUSE and are not severe in nature but require discipline to aid in the training and development of character in the resident's life. Minor offenses may include:

1. Personal hygiene
2. Bunk cleanliness
3. Lights, fans. etc. left on in the house
4. Abusing phone call privileges
5. Laziness on work assignments
6. Not listening to or following instructions
7. Inappropriate dress or hair style
8. Tardiness
9. Any other offense the manager or pastor considers minor in nature

### **DISCIPLINE FOR MINIOR OFFENSES:**

This may include one or more of the following

1. Voluntary work hours
2. Writing Scripture passages or essays pertaining to the offense(s)
3. Losing privileges that pertain to the offense(s), e.g.- a student talking on the phone longer than the allotted time would lose his next phone call, etc.
4. Memorizing Scripture pertaining to the offense(s)
5. Any correction deemed necessary by manager.

### **MAJOR OFFENSES:**

These are offenses that are more serious in nature. Such offenses that put the safety of persons at risk, may jeopardize the integrity of the program, or are clearly opposed to the purposes of the program and Biblical principles and conduct. Areas of major offense may include.

1. Using drugs (including alcohol) at any time while in the program and\or bringing the same on the facility.
2. Theft, being party to the same, or concealing information of such activity
3. Possession of pornographic or suggestive material
4. Purposely damaging or destroying property
5. Any physical or verbal aggression towards staff or resident
6. Being in another resident's bunk or personal property
7. Use of a vehicle or phone for personal use or errands while working.
8. Failure to use a vehicle for going directly to and from a job or pick-up.
9. Not returning from a pass on time [*Calling in does not excuse this offense.*]
10. Consistently disobeying JOSHUA HOUSE rules or displaying a negative, uncooperative, insubordinate, and disobedient attitude toward authority as determined by the pastors.

11. Exchanging phone numbers, addresses, or email information with anyone outside the program whether you are on or off premises anytime.
12. Beginning new relationships with anyone of the opposite sex or maintaining an established relationship via mail, phone calls, pass, or visits without your manager or pastor approval
13. Personal solicitation of money or material items for personal gain or for another's benefit.
14. Inappropriate communication, contact, or involvement with another student's visitors
15. Going beyond authorized physical boundaries as stated.
16. Any sexual advances, contact, or activity with another person. *-Other than spouse during pass.*
17. Cursing on or off premises verified.
18. Not doing minor discipline action
19. Any other offense(s), the manager or pastors determines is a major offense.

### **DISCIPLINE FOR MAJOR OFFENSES:**

This may include one or more of the following and/or items under Discipline for Minor Offences:

1. Voluntary work hours
2. Suspension of participation in any ministry team, or other ministry group.
3. Passes to go anywhere off the facility at any time will be suspended immediately or denied.
4. Visit requests will be suspended immediately and be deferred or denied
5. You are not to represent JOSHUA HOUSE in any way in any activity on or off the facility.
6. Any recreational privileges are suspended except for walking, jogging and calisthenics in approved outdoor areas.
7. You may elect to do volunteer work detail, thereby reducing the severity and/or length of your indefinite discipline status.
8. Transfer from one facility to another
9. Sixty-day refocus at God's Ranch or a Set Free Ranch. If you are required to do a refocus for a major offense, that time will not be counted towards your program time at Joshua House. In other words, the number of months you are on a refocus will be added to your one-year commitment and push back your graduation date by that same number of months. We will keep your bed open for your return when possible. However, other factors may prevent this, and if all beds are full, you may be required to remain at God's Ranch for longer than sixty days. Any time spent beyond sixty days may not be counted towards your time at Joshua House.
10. Any other discipline as deemed necessary by leadership.

### **LAUNDRY**

All laundry is to be done by each resident. Every wash load should be a full load as to not waste water or other resources.

## **MEDICAL CARE**

Residents will be required to pay for all their own medical care. JOSHUA HOUSE will do everything possible to help you get approved for Medi-Cal and to accommodate your need to get to medical and dental appointments. JOSHUA HOUSE will not be responsible for any medical or dental cost that you might incur.

## **BOUNDARIES / LEAVING GROUNDS**

You are expected to remain within the appropriate areas of JOSHUA HOUSE and La Tienda. You may leave the grounds only with another person, or family member after it has been cleared in advance and you have been properly checked out by a staff member or leader.

We are glad you decided to be part of the work God is doing in and through Joshua House and are so excited to work alongside of you for the next year as God restores your life.

**RESIDENT ACKNOWLEDGMENT OF RULES AND GUIDELINES**

All JOSHUA HOUSE rules and guidelines are subject to deletion, suspension, modification or additions at any time by approval of the Directors and Board. These rules are set down as guidelines and are not a contract for graduation or continuation in the program. Graduation or dismissal from JOSHUA HOUSE is completely at the discretion of the pastors, staff and leadership.

I understand that I must turn over any money in my possession over the amount of \$20. Any money above that amount will be held on account by JOSHUA HOUSE until I leave the program. This includes any money earned while in the program. I understand this is done to help me save money for my exit from the program.

I understand and give my consent to be tested for drugs at the discretion of the management at any time.

I \_\_\_\_\_ do hereby acknowledge that I have read and understand these rules and guidelines and that I understand that only by keeping them may I remain in the program.

Signed: \_\_\_\_\_ Date \_\_\_\_\_

Pastor or House Manager: \_\_\_\_\_

Signed: \_\_\_\_\_ Date \_\_\_\_\_